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# The Fort Jackson *Leader*



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**Sgt. 1st Class Michael Cavezza, Company A, 1st Battalion, 13th Infantry Regiment, clears a hurdle during last week's competition on his way to capture the Drill Sergeant of the Year title.**

*Photo by MIKE A. GLASCH*

# King of the drill

*1-13 Soldier seizes  
this year's DSoY title*

**By MIKE A. GLASCH**  
*Leader staff*

A drill sergeant from Company A, 1st Battalion, 13th Infantry Regiment has been named Fort Jackson's Drill Sergeant of the Year.

Sgt. 1st Class Michael Cavezza beat out 19 other competitors to grab the title during a four-day competition last week.

"It's a great individual achievement, but I don't look at it as me being the absolutely best drill sergeant," Cavezza said. "There are plenty of great drill sergeants on Fort Jackson. I was just fortunate to be able to compete and be at my best over those four days."

The competition began with an Army Physical Fitness Test and wrapped up with a formal board. In between, competitors were tested physically and mentally with more than two dozen tasks taken from Warrior Tasks and Battle Drills and the Soldiers Manual of Common Tasks.

"We really ramped it up a lot in terms of what they are going through," said last year's DSoY Sgt. 1st Class Ryan Wheele. "We made several additions to the competition, to include a night land navigation course, the clinch drill and more hands

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# We all must fight war on sexual assault

The Army's stance on sexual assaults can be summed up in a couple of words: It's war. The goal is to rid the Army of sexual assault and harassment. This message comes from Secretary of the Army Pete Geren, who recently publically stated that the Army will take the lead against sexual assault crimes.

"We have proven in so many other areas that we can distinguish ourselves from the rest of society, and this is going to be one of those examples that we are going to set for the rest of the nation," he said.

I share in this confidence. I also believe in our Army's capabilities of accomplishing unprecedented missions and setting the bar for others.

There is no place for sex crimes in our Army. But if we are to eradicate these crimes, we have to use every weapon in our arsenal.

We have already begun to show that we mean business. The Army's law enforcement and judicial elements are turning up the heat against the perpetrators of sexual assault crimes. For example, a criminal charge that involves touching has been upgraded to a felony offense.

Meanwhile, CID and JAG have added national experts to aid in the prosecution of sex crimes. At the Army Criminal Investigation Laboratory, some 35 examiners have come on board.

**BRIG. GEN. BRADLEY W. MAY**  
Fort Jackson  
Commanding  
General



Specialized training has been funded with the National Advocacy Center for our prosecutors, and a mobilized investigation team is in place to train all CID battalions.

A special victims unit will handle sexual assault cases, reinforcing the Army's commitment to prosecute sex offenders.

All of these measures will certainly arm the war effort against sexual assault crimes. But let us not forget that the cornerstone of our effort still must focus on prevention.

Since the inception of the "I. A.M. Strong" campaign last year, we have been working diligently to foster a climate of confidence within our ranks.

We must always remember that it our duty as Soldiers

to intervene if we recognize a threat to another Soldier. It is also our duty to stand up to our battle buddies and act, as well as to motivate others to take action under similar circumstances.

There are signs that the campaign is being effective in that there has been a 4 percent increase in the number of sexual assault cases being reported in fiscal year 2008 compared to fiscal year 2007. In general, the spike in reports has leveled off since fiscal year 2006, following an initial sharp increase in reporting at the time because of a corresponding emphasis on sexual assault awareness.

We do not expect another increase in reporting during fiscal year 2009 because of the full implementation of the "I. A.M. Strong" campaign and its aim to encourage all victims of sexual assault to report the crimes to law enforcement officials.

As we advance the fight, I think we must continue to operate within the framework of our efforts to create a better understanding and awareness of the problem through the coordinated training orchestrated by our leadership.

Again, it is your duty as a Soldier to intervene if you recognize a threat to another Soldier. Make no mistake, this is going to be a difficult campaign, but I am confident that Fort Jackson will do its part to win the war.

## *The Fort Jackson* **Leader**

**Fort Jackson, South Carolina 29207**

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*To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fjleader@conus.army.mil.*

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## Bowling leagues; hunting on post

*Does Century Lanes offer league bowling in the summer?*

Yes, you have several options. On Tuesday nights, there will be a scratch league. This league starts May 19 and will end in August. On Wednesday nights, there will be a mixed handicap league. This league starts May 13 and ends in August.

A meeting is scheduled for May 15 to determine if enough bowlers are interested in a summer ball league in which each participant will receive a bowling ball at the end of the season. For more information, call Century Lanes at 751-6138.

*I am new to Fort Jackson and would like to hunt this year. What are the procedures?*

Fort Jackson personnel who would like to hunt must possess a South Carolina state license and a Fort Jackson post permit to participate in hunting or fishing on the installation. State licenses and post permits are both available at Marion Street Station during normal business hours.

By Army regulation, hunters must have proof of attending a state hunter's education program, regardless of age. For hunters who need to complete a course, a computer course is available at Marion Street Station. Most hunters can complete the course in a couple of hours, including the basic test.

Installation hunting regulations and maps are available.

**COL. LILLIAN A. DIXON**  
Fort Jackson  
Garrison  
Commander



Copies of the state regulations are often available as well. Permits are good from July 1 to June 30 each year.

Primary big game species are deer and turkey. Deer season generally runs from Aug. 15 through Jan. 1 and turkey season is during the month of April. Small game and migratory bird hunting is available also. Stop by Marion Street Station for more information.

### GARRISON FACT OF THE WEEK

Memorial Day is a United States federal holiday observed on the last Monday of May (on May 25 in 2009). Formerly known as Decoration Day, it commemorates U.S. men and women who died while in military service to their country. A national moment of remembrance takes place at 3 p.m. Another tradition is to fly the flag of the United States at half-staff from dawn until noon local time.

*To submit questions, call 751-2842, or e-mail nahrwolds@conus.army.mil.*

### HOW TO CONTACT THE LEADER

- ☐ To submit a story idea or an announcement, or to request coverage of an event, e-mail details to [FJLeader@conus.army.mil](mailto:FJLeader@conus.army.mil) or call 751-7045.
- ☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the May 7 Leader should be submitted by April 23.
- ☐ Announcements are due one week before the scheduled publication. For example, an announcement for the May 7 Leader should be submitted by April 30.

# Mustion to leave SSI

By **MIKE A. GLASCH**  
Leader Staff



**MUSTION**

The commander of the U.S. Army Soldier Support Institute will be leaving Fort Jackson.

Brig. Gen. Richard Mustion has been chosen to become the new adjutant general and commander of the Army's Physical Disability Agency and executive director of the Military Postal Service Agency in Alexandria, Va.

Mustion took command of USASSI in July. In November, he was promoted to the general officers ranks. Before taking command of the USASSI, he served as the commandant of the Adjutant General School.

Mustion was commissioned as an officer in the Adjutant General Corps in May 1981. Throughout his career, he has served in command and staff positions in the United States, Germany, Korea and Iraq.

Mustion's replacement has not been named. A date has not been set for Mustion to assume his new duties.

*Michael.A.Glasch@us.army.mil*

## Room dedication



*Photo by SUSANNE KAPPLER*

**Retired 1st Sgt. Cecil Stack Sr. and wife Antoinette unveil a plaque in memory of their son, Sgt. Maj. Michael Stack, at a dedication ceremony Friday at the Military Entrance Processing Station. MEPS dedicated its ceremony room to Stack, a South Carolina native who died in Iraq in 2004. Stack was assigned to the 5th Special Forces Group from Fort Campbell, Ky.**

# Housing tops items weighed at town hall meeting

By **SUSANNE KAPPLER**  
Leader Staff

More than 100 members of the Fort Jackson community participated in a town hall meeting Tuesday at the Solomon Center.

At the meeting, Soldiers, family members and civilians were updated about ongoing quality-of-life projects on post and also had the opportunity to raise questions or concerns to installation officials.

"It is important for us to get feedback on the good, the bad and, most importantly, the ugly," said Brig. Gen. Bradley May, Fort Jackson commanding general, in his opening remarks.

The three-hour meeting mainly centered around on-post family housing.

Officials from Balfour Beatty Communities, which is responsible for the renovation of existing units and construction of new units, updated attendees on several new developments.

— Residents with leases expiring July 31 have the option to participate in a lease renewal program. Residents who renew their leases for another term will receive first priority for moving into an upgraded home. In



*Photo by SUSANNE KAPPLER*

**Sgt. 1st Class Connie Miller, 171st Infantry Brigade, asks a question during Tuesday's town hall meeting at the Solomon Center.**

addition, they will receive a \$250 bonus after signing the lease renewal and an additional \$250 bonus at the end of the renewed lease.

— All residents can now apply to move to renovated quarters in Pierce Terrace V and Pierce Terrace VII. Residents will be placed on a first-come, first-served basis.

— Property beautification projects are under way throughout the community. Playgrounds are currently being upgraded and the landscape beautification project will restart in mid-May. The current landscaping contract was terminated and a new contract will be awarded soon.

— Despite recent delays in project timelines, 29 new homes are scheduled to be completed by the end of 2009. The new homes include those for both enlisted Soldiers and officers.

Emma Watson, Residential Communities Initiative director, and Karen Padgett, Balfour Beatty community manager, encouraged all residents to contact them with concerns they have.

"We don't want you to feel like you have issues and we don't care," Watson said. "That's not the case."

Other items presented during the meeting were the Ready Army emergency management campaign and upcoming AAFES projects.

Throughout the meeting, participants voiced concerns about several issues, such as feral cats in the housing area and the lack of facilities for recreational shooters. In response, the respective garrison representatives said they would look into possible solutions.

Anni Mezzofante, a family member, said that participating in the town hall meeting is important and highlights the fact that the Fort Jackson community extends beyond only Soldiers.

"Civilians need to be involved in the community too, as we're a part of this community," she said. "I think we need to remember that we're part of this community. If we don't come, we forget that maybe."

Col. Lillian Dixon, Fort Jackson garrison commander, was pleased with the attendance.

"This is one of the best turnouts we've had at a town hall meeting since I've been here," she said.

She added that town hall meetings are being scheduled quarterly from now on. The next town hall meeting is tentatively scheduled for Aug. 17.

*Susanne.Kappler1@us.army.mil*



# Post remembers Holocaust victims

By CRYSTAL LEWIS BROWN  
Leader Staff

On Sunday, Chaplain (Col.) Robert Eldridge recalled a visit he made to northwest Germany years ago. The landscape was a lush green, he said. It was beautiful, he said, all except for the area inside of Bergen-Belsen, a Nazi concentration camp.

The grass was brown, and the few trees he saw scattered about were “emaciated.”

“It was like the whole earth was crying out for what had been done on it,” he said. “The land was not just crying about what happened to it, it was crying for humanity.”

Eldridge recounted his experience as part of this year’s Days of Remembrance service on Fort Jackson. The service is held each year to remember and memorialize victims of the Holocaust.

Retired Army Chaplain (Col.) Phillip Silverstein, a rabbi, served as guest speaker.

As Americans, he said, it is our duty to remember victims of the Holocaust.

“What then is the message of my talk?” he asked the congregation. “To preserve the sanctity of our dead.”

He added, “It is our duty to believe that it can happen again.”

Stephanie Alexander, who serves as the post’s Jewish lay leader, said the Days of Remembrance are important, not only for Jews, but for everyone.

“So it doesn’t happen again, that’s the most important part,” she said.

She said remembering the Holocaust also teaches people to be tolerant of those different than themselves.

Pvt. Scott Struthers, who lit the first of seven memorial candles during last week’s ceremony, agreed. His candle was lit in memory of the 1.5 million victims killed at Auschwitz extermination camp.



Photo by CRYSTAL LEWIS BROWN

**Rabbi Phillip Silverstein gives Spc. Angelica Bedoya, Company A, 2nd Battalion, 39th Infantry Regiment, a graduate’s blessing, before the Days of Remembrance service Sunday.**

Fellow Soldiers lit candles for the 900,000 killed at Dachau, 900,000 killed at Treblinka, 600,000 at Belzec, 360,000 at Majdanek, 320,000 at Chelmno and 250,000 at Sobibor.

“It’s something in my heritage that I should know about,

so I want to learn as much as I can,” said Struthers, who is in Basic Combat Training with Company F, 3rd Battalion, 34th Infantry Regiment. “I have kids at home who are going to want to know.”

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## Garden plots provide vets therapeutic relief

By DELAWASE FULTON  
Leader Staff

A new garden plot for disabled veterans will produce more than fruits and vegetables, its organizers say. It will also be a place of hope.

The 100-by-70 foot area near the entrance of the Fort Jackson Garden Plots on Washington Road, opened Friday after 10 weeks of planning and construction by the Southeastern Paralyzed Veterans of America and the Warrior Transition Unit in conjunction with the 165th Infantry Brigade.

“I wanted to introduce horticulture to other people with disabilities,” said Mike Steward, a SPVA board member and a medically retired Air Force Senior Airman.

Steward, who also has a garden at his Columbia home, said tending plants and seeing those plants thrive can be encouraging to those with restricted mobility.

“I associated my life with that of a tomato plant (in my yard). If that plant can live, I can live,” Steward said. “It’s very

therapeutic.”

Soldiers of the 165th Infantry Brigade built raised plant beds, cement pathways and an aboveground sprinkler system for the site. A hardware store donated some tools for the project.

“We wanted to provide a functional area where they could easily access the plants, and it would provide them relief,” said Spc. Justin Pierce. “We want it to be a recreational area to help them escape stress.”

Tomorrow at 10 a.m., Steward said, he and other disabled veterans will gather at the plot and plant more fruits and vegetables. Collards, cauliflower, broccoli and strawberries are already growing in the garden.

Anyone who wants to dedicate plants and donate additional tools and equipment to the veterans’ garden project is welcome, Steward said.

For more information about the veterans’ garden plot, call Mike Steward at 629-5589 or contact the 165th Infantry Brigade.

Delawese.Fulton@us.army.mil



Photo by NICHOLE RILEY, Moncrief Army Community Hospital

**Capt. Nathaniel Durant III, 165th Infantry Brigade, accepts a gift from Mike Steward, Southeastern Paralyzed Veterans of America, during the opening of the disabled veterans garden plot Friday.**



# Spouses' career program expanded

By **DELAWESE FULTON**  
*Leader Staff*

A new career program that provides up to \$6,000 for a military spouse's education and training has been expanded Army wide.

Military spouses who want to further their education and are interested in the program are asked to complete an online application by the first week of May.

The Military Spouse Career Advancement Account program was piloted for at least a year at 17 military installations. Though Fort Jackson was not part of the pilot, its families, along with thousands of others across the Army, will now have access to the program, which is managed by the Department of Defense.

"(DoD) has expanded this program to all active duty military spouses — regardless of rank, and it's worldwide," said Barbara Martin, the Employment Readiness Program manager at Fort Jackson.

Martin said that it is very important for spouses who are interested in the program to go the Military OneSource online site and submit a profile prior to the first week of

May.

By mid-May, the Department of Defense will review the profiles of each spouse applying for benefits and determine eligibility.

Once deemed eligible, the spouse will be assigned a Military OneSource career and education counselor. This counselor will help the spouse select a career or field of interest, school and/or program to attend and arrange for payment of tuition.

The career advancement program also encourages military spouses to choose "portable careers," Martin said. Workers are in high demand for jobs in education, health services, hospitality and technology. These professions are needed on and off post.

Also, the Military Spouse Career Advancement Program has absorbed the "Spouses to Teachers" initiative. Martin said those spouses who want to teach would also need to apply via this program.

Currently, there is no set period or deadline for when spouses have to use the funds in their Military Spouse Career Advancement program account, Martin said. The funds can be used for educational training and certifica-

tion. However, they cannot be used for the purchase of computers, application fees, graduation fees, child care and parking and transportation fees.

In addition, spouses should bear in mind that only certain schools are designated to participate in the career advancement program and that tuition is paid directly to those educational facilities.

The aim of this DoD program is to provide a worthwhile opportunity to military families and help them plan for their future.

One of the biggest goals for the military is retention of Soldiers, Martin said. Moreover, the Soldiers' spouses influence their decision to serve. So, it makes good sense for the military to support the spouses.

Those interested in the program should sign up at [www.militaryonesource.com/mycaa](http://www.militaryonesource.com/mycaa).

For additional information about the Military Spouse Career Advancement Program, call the Fort Jackson Employment Readiness Program office at 751-5256 or 1-800-337-3445. The office is located in the Strom Thurmond Building, Room 223.

*Delawese.Fulton@us.army.mil*

# Army launches official blog, Facebook page

By **GARY SHEFTICK**  
*Army News Service*

WASHINGTON — Last week, the Army not only launched an official blog portal, but also an Army fan page on Facebook.

The "Army Live" blog, located at <http://armylive.dodlive.mil>, officially went live April 13, after a "soft launch" the week before, said Lindy Kyzer, the portal's administrator and a public affairs specialist in the Online and Social Media Division.

The U.S. Army Facebook page went live April 16.

Both sites were launched by the new Online and Social Media Division of Army Public Affairs. Division Chief Lt. Col. Kevin Arata said he was excited because thousands of people get their information from blogs and social networking sites.

"And I don't think we're targeting just one demographic," Arata said, alluding to the perception that such sites attract primarily a younger audience. "I think there are a lot of older folks out there savvy to this type of communication."

"The blogosphere is a place where a lot of different people are," Kyzer said. "We know our active-duty Soldiers are there. We know that our family members are there. We know that there are people simply there who choose to get their information from blogs."

Blogs are meant to be an informal and chatty type of communication, Kyzer said.

"Everything we post on 'Army Live,' we



really want to get comments and feedback from," Kyzer said. "Blogs thrive on a vibrant comment section and an active dialogue, and that's really what we want."

More than two dozen comments have already been posted to the blog site, Arata said, including one from a Soldier in the Australian Army and the rest from a cross-section of people both inside and outside the U.S. Army.

"It was like waking up on Christmas morning," McCormick said about how exciting it was to get the green light for the launch.

The Facebook page features Army podcasts. It has dozens of Army photos from Flickr. It has links to Army Web microsites, and it has a page of information about the new "Army Live" blog site.

"The blog is kind of a different channel of communication," Kyzer said. "A blog is really an informal communication mechanism that you don't see replicated in other social media sites. We can post video to YouTube, we can post photos to Flickr, we can post 140 characters to Twitter, which is a micro-blogging site. ... We have Army.mil which is a 'great place in space,' but that's an official news site."

"We want 'Army Live' to be a springboard to a lot of our other social networking sites," Kyzer said. She said the "Army Live" site is also designed to link to other DoD-related blogs.

Currently, a "blog roll" on the right-hand side of the screen links readers to other Army blogs such as the 3rd Heavy Brigade Combat Team "Hammer" blog, the Army Wounded Warrior Program or AW2 blog, the Combined Arms Center Blog Library, the U.S. Army Corps of Engineers blog site and the Army Surgeon General's Blog.

Arata said he would like for the number of linked blogs to grow exponentially so that "Army Live" is the one-stop virtual shop for all Army blogs. And he invites participation from everyone in the field.

The Army Facebook site is also looking for comments and discussion. One page asks readers "Why did you join the Army?" A bit lower is a banner for the Year of the NCO and readers are asked "Who is your favorite NCO?"

Meghan McCormick and Kristen Andrews, who are both Army contractors, have been working to design the Army's Facebook site since January.



# Drill Sergeant of the Year named

Continued from Page 1

on with weapons. It's more physically and mentally demanding on them than it has been in previous years."

The non-stop tempo and stress built into the event was something Cavezza said was the hardest part of the competition.

"It was definitely a tough four days. It got more extreme by the fourth day," he said. "You really didn't have time to take a rest. If you weren't physically engaged in something, you were studying the module that you had to pitch next, or getting ready for the next day's training events. It was fun, but it was tough as well."

Cavezza will serve as a liaison between drill sergeants and the installation's command group. He will also serve at the Drill Sergeant School, along with runner-up Sgt. 1st Class Gabriel Lopez, Company F, 2nd Battalion, 39th Infantry Regiment, to serve as mentors for those drill sergeants in training and help plan how to set up the school.

Cavezza will compete for the TRADOC DSoY title in June.

*Michael.A.Glasch@us.army.mil*

## Easter Sunrise Service



*Photo by MIKE A. GLASCH*

**Members of the Daniel Circle Chapel Gospel Choir perform April 12 as part of the Fort Jackson Easter Sunrise Service, which was at the Solomon Center this year.**

## Information Assurance Bulletin

**Fort Jackson personnel must complete network security focus training no later than Monday. All training modules combined may take three hours to complete and are located at the following links:**

### **Removable Media Handling**

<http://iase.disa.mil/eta/pedrm/pedrm/index.htm>

<http://www.us-cert.gov/cas/tips/ST08-001.html>

### **Anti-Phishing Training**

<http://iase.disa.mil/eta/phishing/Phishing/launchPage.htm>

### **Safe Home-Computing**

<http://www.cert.org/homeusers/HomeComputerSecurity/>

### **Personally Identifiable Information Handling**

[http://iase.disa.mil/eta/pii/pii\\_module/pii\\_module/index.html](http://iase.disa.mil/eta/pii/pii_module/pii_module/index.html)

**Information Assurance Awareness Training: Users do not need to retake this training if it has been completed within the last 12 months. Only accessible from the Fort Jackson network.**

<http://jacksharepntws1/sites/Portal/Pages/Default.aspx>.

**To receive credit upon completion of the training, provide your status and certificates (for applicable training issuing certificates) to your organizational G6, Information Management Officers or Information Assurance Security Officers.**

**For assistance, contact the DOIM Customer Service Center at 751-DOIM (3646).**

## FDA expands recall

*Special to the Leader*

The U.S. Food and Drug Administration is alerting the public to the expanded, voluntary recall by Union International Food Company of sauces, oils, and oil blends sold under the Uncle Chen and Lian How brands.

The expanded recall is based on the investigation into the ongoing food borne illness outbreak of Salmonella Rissen. It is in addition to the recall of its dry spice products announced last month by the company.

The sauces, oils and oil blends being recalled were distributed under the Uncle Chen and Lian How brands to retailers, wholesalers, distributors and restaurants in the states identified to date, which are Arizona, California, Nevada, Oregon, South Carolina, Texas, Utah, Washington and Wisconsin. The products were sold in containers ranging from 6 ounces to 1 gallon in plastic or glass bottles and are used, for example, as spices and seasonings for cooking and as table top meal seasonings.

A complete list of all of the products recalled by Union International Food Co. is available at [http://www.fda.gov/oc/po/firmrecalls/unioninternational\\_list3.html](http://www.fda.gov/oc/po/firmrecalls/unioninternational_list3.html).

The company has stopped the production and distribution of these products as the FDA, the California Department of Public Health, and Union International Food Co. continue their investigations.

To date, 57 cases of illness caused by Salmonella Rissen have been reported, mostly in the western region of the country.



# Swanson: Find positive role models

**Rank, name**  
Staff Sgt. Lisa Swanson

**Unit**  
Company D, 3rd Battalion,  
34th Infantry Regiment

**Military Occupational  
Specialty / Job title**  
42A, Human Resources Spe-  
cialist / drill sergeant

**Years in service**  
11 years

**Marital status**  
Married, two children

**Highest education**  
Some college

**Hobbies**  
Hanging out with her children,  
bicycling

• • •

In the 11 years Staff Sgt.  
Lisa Swanson has served, she  
has been deployed to  
Afghanistan.

She has been stationed at  
Fort Carson, Colo., Camp

## NCO spotlight

Humphreys, Korea and Fort Jackson.

She said her most memo-  
rable experience in the Army  
was the moment she was named  
the 2009 NCO of the Year.

“The feeling I got when I  
found out that I won NCO of  
the Year, I wanted to pass out. It  
was excitement, disbelief.”

Swanson competed with  
three other NCOs for the title.

She said she has been most  
influenced by the solidarity she  
has found in the Army.

“I always wanted to be in  
the Army since I was a little  
girl. I love the camaraderie and  
the Army family.”

Her goals are two-fold.

“I want to win Drill Ser-  
geant of the Cycle, and I want  
to spend more time with my  
family.”

Her advice for junior en-  
listed Soldiers:

“Find positive role models  
and good leadership, and emu-  
late them.”

We salute you!



Photo by DELAWESE FULTON

Staff Sgt. Lisa Swanson was recently named Fort Jackson’s NCO of the Year.

## The NCO Creed

No one is more professional than I. I am a noncommissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as “the backbone of the Army.” I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Sol-  
diers and never leave them uninformed. I will be fair and impartial when recommending both re-  
wards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to ac-  
complish mine. I will earn their respect and confi-  
dence as well as that of my Soldiers.

I will be loyal to those with whom I serve; sen-  
iors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the ab-  
sence of orders. I will not compromise my in-  
tegrity, nor my moral courage. I will not forget,  
nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!



# Got milk? One mom feels bottled up

For 12 weeks, four days and 10 hours, I've been obsessed with milk.

Specifically, breast milk.

Making it, storing it, using it — it is what is on my mind most of my waking hours, and sometimes, even while I sleep.

I decided before my son was born that I would nurse him. The goal was six months with nothing but breast milk. I took the classes, read the books and logged onto the Web sites. By the time he was born, I was ready to embark on this challenge, which I had hoped would come easily. And for six weeks, it did.

And then I went back to work.

Since then, my adventure in being a nursing, working mother has become the stuff of bad soap operas.

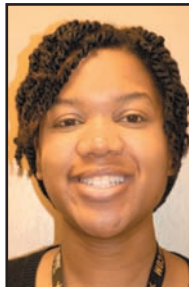
I lug around a pump large enough to be a tackle box, and try my best to inconspicuously carry it from home to work each week. Every few hours, I lock myself into an office, hoping no one will drop by while I'm in the middle of a pumping session.

I decline lunch dates with my co-workers and husband

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**Crystal  
Lewis Brown**  
*Leader staff*

---



so I can go by and nurse my son. And most recently, I have literally almost cried over spilled milk.

Don't get me wrong — I am glad to have had the experience. I have done all the research about why "breast is best." I enjoy being able to do this for my son, and I like the closeness we have at the end of a long day.

But whereas many mothers seem to fill their babies' bottles in the time it takes to drink a cup of coffee, for me, it's an everyday struggle.

The encouragement I have received from other mothers

is what has gotten me this far.

"Your baby will be healthier," I've heard. And the support I've received from the few La Leche League meetings I've been able to attend on post has also been heartening.

But every so often, a negative comment makes me want to give up.

"Don't you want your baby to grow?" I've been asked, as though I'm purposely holding out on giving my baby the precious nutrients he needs.

What I have come to realize is that the decision on what and how much to feed my son is a personal one, and I am happy with the decision I have made so far.

I know that whether I continue to nurse him another three months or decide to give him formula, I'm doing what my husband and I think is best for our child — not following someone else's idea of what they think we should do.

When I look into my son's eyes and see him smile at me, or see his eyes follow me across the room in curiosity, I know I'm doing the right thing.

And that is all that matters.

## PatriARTic show



*Photo by SHANNAN DAULT, C.C. Pinckney Elementary School*

**Jose Santiago-Rivera, 7, talks to the Spanish-speaking puppet "Quick" (Susana Abell) and Timmy Abell April 16. The couple performed for C.C. Pinckney Elementary School students as part of the school's PatriARTS project. In addition, the Abells offered songwriting and puppetry workshops. For more on the PatriARTS project, see next week's *Leader*.**

## Model citizen



*Courtesy Photo*

**Tre'vell Anderson, far right, was part of the Richland Northeast Model UN team, which received the second place research award and third place team award in this year's national competition in March. Anderson, whose mother, Sgt. 1st Class Melliony Carter with the 171st Infantry Brigade, participated on the team's special political committee. Also pictured in the photo are team member Kelsey Stegall, left, and faculty adviser Lynn Washington.**



# Program eases Soldiers' transition into parenthood

By **THERESA O'HAGAN**

*Family and Morale, Welfare and Recreation*

Under the Army Family Covenant, the family advocacy program has been able to add new services such as the New Parent Support Program, Home Visitation and Positive Parenting 101.

The New Parent Support Program is a voluntary program designed to help families cope with stress, isolation, the demands of parenthood and pre-deployment and post-deployment issues.

This program is designed to assist new families who are living away from their hometown and therefore do not have the help and support of family members and friends.

The New Parent Support Program — Home Visitation services include home visits, support groups and parenting classes.

Licensed social workers from the Soldier and Family Readiness Program provide home visitation and education. These home visitors are sensitive to the challenges facing military families.

The program is open to expecting active-duty and retired military parents, active-duty parents with children up to 3 years old, retired military guardians of dependent children up to 3 years old, young military parents and single military parents.

Home visitation services are ongoing, intensive home visiting services. When possible, visits are initiated during the prenatal period. Visits take place at least every two weeks.

Home visitation services are designed to engage fathers and partners. The New Parent Support Program — Home Visitation focuses on three key areas.

— Pregnancy issues: Education and support on commu-

## Army Family Covenant

nity services, bonding, the father's role, emotional changes and breastfeeding and nutrition.

— Childhood issues: Child development, parenting classes, play and activities and parenting support groups.

— Family issues: Stress management, relationship counseling, financial referrals, sibling rivalry, single parenting, deployment, behavioral problems and emotional support.

Other classes and services offered through the program include:

— Positive Parenting 101: For parents interested in learning tips and skills to build positive relationships with their children while effectively managing their behavior. This class can be tailored to parents of infants to teens.

— Baby Basics: Designed for expecting parents. Parents learn the basics of taking care of a baby. Topics include diapering, dressing, bathing, handling and feeding the baby. Parents will also receive a free gift.

— Play Group: This is a fun time for parents to informally meet each other while participating in activities with their children. Activities may include story time, crafts, songs and free play.

Play Group is a time for parents to not only to bond with their children, but also to connect with other military families.

— La Leche League: This class is for expecting moms and nursing moms of infants and toddlers. Moms receive information and support about breastfeeding, and also connect with other moms.

To learn more about New Parent Support Program — Home Visitation or any other of the classes offered to new parents, call 751-6325.

## FMWR calendar

### TODAY

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magraders Pub and Club is open for lunch.
- ☐ Visit the Officers' Club 11 a.m.-1:30 p.m. for specials or the buffet.

### TOMORROW

- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magraders Club, 9 p.m. to 3 a.m. Magraders Club is located in the back of Magraders Pub. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Fish fry at the Officers' Club, 11 a.m. to 1:30 p.m.
- ☐ Retiree Appreciation Day Golf Tournament, 9 a.m., Fort Jackson Golf Club.
- ☐ Retiree Appreciation Day Midday Madness, 11 a.m. (doors open 10 a.m.), Victory Bingo.
- ☐ No-tap bowling tournament, registration is 1-2 p.m., the tournament starts 2 p.m., Century Lanes, 751-6138.
- ☐ Retiree Appreciation Dinner, 6:15 p.m., NCO Club. Dress code is coat and tie for men and appropriate dress for women. The guest speaker is retired Sgt. Maj. of the Army Robert E. Hall. For more information, call 782-2218.
- ☐ Family Child Care Picnic, 10 a.m. to noon, Patriots Park. Open to child-care providers, children and parents.
- ☐ Family Skate Night, 7-9 p.m., Youth Services Center Gym.

### SATURDAY

- ☐ Step Team practice, 2 p.m., Dance Room at the Youth Services Center.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military. Live broadcast from the BIG DM 103.1 with giveaways, 9:30-11 p.m.
- ☐ Retiree Expo and Health Fair, 9 a.m. to 2 p.m., Solomon Center.

### SUNDAY

- ☐ Family day at the Youth Services Center, 2-6 p.m.
- ☐ Traditional brunch, 11 a.m. to 2 p.m., Officers' Club.
- ☐ Couples Tournament, 2 p.m., Fort Jackson Golf Club, Wildcat Course.
- ☐ April Foolish Dog Show, 1:30-4 p.m., Youth Sports Complex.

### MONDAY

- ☐ The NCO Club offers a full lunch buffet Monday-Friday, 11 a.m. to 1:15 p.m. for \$7.

### TUESDAY

- ☐ Exceptional Family Member Program, ceramic painting, 5 p.m., Hood Street School.

### WEDNESDAY

- ☐ Karaoke night with Tom Marable at Magraders Club. Cover charge is \$5 for civilians and \$3 for military.

### ANNOUNCEMENTS

- ☐ New passport requirements take effect June 1. For more information about the new requirements, visit [www.fortjacksonmwr.com/travel](http://www.fortjacksonmwr.com/travel).
- ☐ The next Family Child Care Orientation Training is scheduled for May 11-15, 8 a.m. to 4 p.m. at the Joe E. Mann Center. The FCC program offers employment opportunities for military spouses who enjoy working with children. Registration is required by May 6. For more information, call 751-6234/1293.

## Situational Awareness Leads To A Safer Training Environment.

Pre-mission planning, controls for diminished conditions, and attention to detail are essential for successful mission accomplishment.



### LEADER DEADLINES

- ☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the April 23 Leader should be submitted by April 9.

- ☐ Announcements are due one week before the scheduled publication. For example, an announcement for the April 23 Leader should be submitted by April 16.



# Early detection key to battling ovarian cancer

By **COL. ROMEO PEREZ**  
*Moncrief Army Community Hospital*

Ovarian cancer is considered to be one of the most aggressive malignancies, killing more than 70 percent of diagnosed women within five years, including an estimated 15,000 this year. New evidence shows that most women may have symptoms even in the early stages, and awareness of symptoms may hopefully lead to earlier detection.

## SYMPTOMS

Symptoms of ovarian cancer are nonspecific and mimic other digestive and bladder disorders.

Women consistently experience the following symptoms: Abdominal pressure, fullness, swelling or bloating, urinary frequency, pelvic discomfort or pain, loss of appetite, increased abdominal girth or clothes fitting tighter around the waist.

## RISK FACTORS

— One risk factor is a family history of cancer, specifically inherited gene mutations in one of two genes called breast cancer gene 1 (BRCA 1) and breast cancer gene 2 (BRCA 2). Women with the BRCA 1 mutation have a 35 - 75 percent higher risk of ovarian cancer than women without this mutation. For women with BRCA 2 mutation, the risk is between 10 and 30 percent higher.

— Another known genetic link involves an inherited syndrome called hereditary non-polyposis colorectal cancer. Women in HNPCC families are at increased risk of cancers of endometrium, colon, ovary and stomach.

— Women who have had at least one pregnancy appear to have a lower risk of developing ovarian cancer. Similarly, using oral contraceptive pills appear to offer some protection.

— Recent research confirmed an association between hormone replacement therapy and ovarian cancer, particularly for those who took estrogen only and for more than five years. Male hormones (Danazol) are used to treat endometriosis and have been linked to an increased risk of ovarian cancer.

## DIAGNOSIS

Diagnosis can be difficult even though 95 percent of

women do report symptoms. However, many of the symptoms are vague or occur in conjunction with more common medical problems.

## SCREENING

The Gynecologic Cancer Foundation and the National Institutes of Health have established the following screening recommendations for ovarian cancer:

— All women should provide their physicians with a comprehensive family history.

— All women should have an annual recto-vaginal pelvic exam.

— Women who have two or more family members with breast or ovarian cancer should undergo genetic counseling, have an annual recto-vaginal pelvic exam, have an annual CA 125 test and have an annual transvaginal ultrasound.

## WHAT IS CA 125?

CA 125 is a tumor marker elevated in the blood in more than 80 percent of advanced epithelial ovarian cancers. The CA 125 level is elevated in only 25-50 percent of stage 1 cancer cases. CA 125 is not a screening test for the general population. The CA 125 level is used to monitor the progression of the disease in known ovarian cancer patients. A number of benign conditions can cause elevations of the CA 125 levels, such as pregnancy, endometriosis, uterine fibroids, pancreatitis, pelvic inflammatory disease and liver disease.

## HOPE FOR THE FUTURE

A recent discovery by a team of doctors could someday improve the detection and treatment of ovarian cancer. They now understand why in ovarian cancer, fatty substance known as “lipids shed” can stop the immune system from getting revved up by inhibiting a natural killer T-cell.

Disrupted T-cell action allows ovarian cancer to aggressively take hold by being able to stop the immune system at a very early phase. This allows ovarian cancer to spread.

Researchers say this discovery could possibly lead to a blood test that would measure lipids associated with ovarian cancer and could help doctors diagnose the disease in its earliest stages. This could also lead to new treatments for ovarian cancer.

## MACH updates

### OPHTHALMOLOGY

The Moncrief Army Community Hospital Ophthalmology Clinic will conduct quick cataract evaluations tomorrow and May 15 for all beneficiary categories, including active-duty family members, retirees and retiree family members.

To schedule an appointment, call 751-5406. Patients do not need a referral to schedule an appointment.

### CONSTRUCTION COMPLETED

The construction to the parking lot on the ground floor entrance to the hospital to make it more ADA compliant has been completed.

Staff members should only park where they are allowed. Stay off the grass or you will be ticketed.

### APPOINTMENT CANCELLATIONS

A phone number has been established for patients to call to cancel their appointments after duty hours. To cancel an appointment after duty hours, call 751-2904.

During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (2273) to cancel an appointment.

### NEW PHARMACY LOCATION

The pharmacy is now located on the ground floor and the TRICARE, EFMP and EDIS offices are located on the 10th floor.

### MACH TOLL-FREE NUMBER

Reach MACH toll-free at (877) 273-5584 or locally at 751-CARE (2273), or visit online at [www.moncrief.amedd.army.mil](http://www.moncrief.amedd.army.mil) or [www.tricare.osd.mil](http://www.tricare.osd.mil).

### CHILD ABUSE PREVENTION DISPLAY

The Thomas Lee Hall Library will have a visual display set up in its lobby throughout the month.

## Calendar

### Saturday

#### Retiree health fair

9 a.m. to 2 p.m., The Solomon Center

### OFF-POST EVENTS

### Monday

#### Prevention Cafe ACS booth

11 a.m.-1 p.m., South Carolina Department of Social Services, 1535 Confederate Ave.

# Heavy drinking has no place in Army culture

By **COL. MICHAEL CUSTER**  
*U.S. Army Center for Health Promotion and Preventive Medicine*

According to the latest results of DoD’s “Survey of Health-Related Behaviors among Active-Duty Military Personnel” (2005), the rate for heavy drinking (five or more drinks on one occasion once a week) in the Army increased at a statistically significant level from 17.2 percent in 1998 to 26.8 percent in 2005. Among Soldiers age 21 to 25, the rate was 35.7 percent.

Think of the dangerous behaviors associated with heavy drinking — suicide, spouse abuse, physical assaults, sexual assaults, motor vehicle accidents and injuries at work, just to name a few serious high-risk behaviors.

Also, heavy drinking is associated with diseases such as pancreatitis, hepatitis and various cancers. Heavy drinking and associated behaviors and illnesses affect readiness and

## Commentary

pose a serious challenge to Army leaders, not to mention its effects on individual Soldiers and those close to them.

Because alcohol is legal, many forget that alcohol is a drug — a very powerful depressant.

Here are some tips for responsible drinking.

— First, realize that it is OK not to drink. You do not owe anyone any excuses, and there are many good reasons not to drink. You should not drink if you are on certain medications, if you are pregnant, if you are underage or if you are a designated driver.

— Remember “HALT.” Never drink if you are hungry, angry, lonely or tired. Alcohol impairs your normal inhibitions and sets you up to make poor decisions. If you do drink, do not gulp or chug your drinks; try to make them last for at least an hour.

— Eating won’t prevent you from getting drunk, but it can slow the body’s rate of alcohol absorption. Alternate alcoholic drinks with non-alcoholic drinks. If you need to drive to get home after drinking, always have a non-drinker as a designated driver or some type of public transportation available.

— Take care of your buddies. If you see someone drinking to excess, be a friend and bring it to his or her attention. If you have friends or family members who drink more than is healthy and you notice that drinking is having a negative impact on their lives, encourage them to get help. Everyone pays a high price for alcohol abuse.

DoD has developed an entertaining multimedia campaign called “That Guy.” It shows how to avoid becoming the person who abuses alcohol but does not have a clue of how he humiliates himself, his friends and family when drinking.

That Guy can be found at <http://www.thatguy.com/>.



# Methods for ICE submissions explained

Fort Jackson community members can provide feedback on services they use every day via the Interactive Customer Evaluation system. ICE, sponsored by the Office of the Secretary of Defense, is administered by Customer Management Services.

Its primary purpose is to improve customer service in the 270 service providers on Fort Jackson and give leadership timely information about service quality. The system covers service areas such as health, housing, recreation, personnel services, shopping, administration, dining, communications, safety and security, travel and transportation.

Customers are encouraged to voice their opinions not only on what they dislike or want to see improved, but to commend an agency for good service as well.

There are two ways customers can leave an ICE comment — manual and automated.

Manual comments are submitted by filling out a hard copy comment card, located in numerous service provider areas across the installation. The cards are yellow; with the exception of those located in medical facilities (these are white with a blue ICE logo). ICE cards allow for input regarding facility appearance, employee/staff attitude, timeliness of service, hours of service and whether the customer was satisfied with his or her experience.

There is also an area for written comments and recommendations. When customers rate a service less than satisfactory, they are encouraged to detail why in the comment area. If a phone number or e-mail address is provided and the box “response requested” is marked, a facility manager will contact the customer directly.

## CUSTOMER SERVICE CORNER

By **VERONICA PATRICK**  
*Community FIRST Coordinator*

As long as the facility’s name is filled in at the top of the card, the card can be dropped in any ICE box. The manual method is convenient for those without computer access.

Although hard copy cards are the most common method of comment submission, the ease of use of automated submission makes it an appealing option. Automated comments can be submitted electronically via ICE’s interactive Web site: <http://ice.disa.mil/> or by clicking the ICE logo at the bottom of the Fort Jackson homepage at <http://www.jackson.army.mil/>.

Both methods — manual and automated — are effective. The comments, suggestions, complaints or compliments are sent directly to the appropriate service provider manager and to CMS for review. Service provider managers will use the feedback to continuously review, improve and provide the highest quality service possible.

The ICE system automatically calculates customer service ratings each week and reports trend data as well. CMS provides these reports to the garrison command, hospital and dental commanders and other directorate or organiza-

tional supervisors responsible for each service provider area.

Questions or comments concerning ICE should be directed to the Fort Jackson site administrator at 751-4926 or 751-3425.

## ICE APPRECIATION

The garrison congratulates the Directorate of Emergency Services, specifically Fire and Emergency Services; and the Directorate of Logistics, Supply and Services Division, specifically the Clothing Initial Issue Point. They have achieved a 5.0 and a 4.52 percent rating, respectively, out of a possible 5.0 in employee/staff attitude throughout a 12 week period. This is an outstanding performance in customer satisfaction.

## APRIL IS ISSUE-SUBMISSION MONTH

Community members are asked to submit issues that impact their constituent group (Soldiers, family members, civilian employees, retirees or veterans) to Customer Management Services. These issues will become a part of the Community FIRST/AFAP issue resolution process. It is important for CMS to receive a cross-section of submissions to ensure that each constituent group’s voice is heard. Please contact the Community FIRST Coordinator at 751-3425 for more details.

# Saluting this Basic Combat Training cycle’s honorees

## DRILL SERGEANTS OF THE CYCLE



**Staff Sgt.**  
**Cordelia Fitchard**  
Company A  
2nd Battalion,  
39th Infantry Regiment



**Staff Sgt.**  
**Crystal Ikegwuonu**  
Company B  
2nd Battalion,  
39th Infantry Regiment



**Staff Sgt.**  
**Teresa Jones**  
Company F  
2nd Battalion,  
39th Infantry Regiment

**STAFF SUPPORTER**  
Sgt. 1st Class Walter Milligan

**TRAINING SUPPORTER**  
Pfc. Christopher Darrow

**SERVICE SUPPORTER**  
Teddy Spence

**FAMILY SUPPORTER**  
Brooke Graessle

**SOLDIER LEADERS**  
A 2-39 Spc. Brandon Hale  
B 2-39 Spc. Sean Ellis  
F 2-39 Pfc. Erick Gwaltney

**SOLDIERS OF THE CYCLE**  
A 2-39 Spc. Kenneth Forbess  
B 2-39 Pfc. Ronald Rapp  
F 2-39 Pfc. Mayra Rodriguez

**COMBAT FOCUS  
RIFLE MARKSMANSHIP**  
A 2-39 Pfc. Saul Avilla  
B 2-39 Spc. Sean Ellis  
F 2-39 Pvt. Zachery Webb

**HIGH PHYSICAL  
TRAINING SCORE**  
A 2-39 Pvt. Arin Coates  
B 2-39 Pfc. Arthur Bailey  
F 2-39 Pvt. Brandy Herren

# Operation Purple accepting applications for summer camp

## Special to the Leader

The National Military Family Association announced recently that Camp Tekoa has been chosen to host an Operation Purple summer camp this year.

This free summer camp program is in response to the need for increased support for military children, especially those whose parents are or will be deployed.

“The goal of Operation Purple summer camps is to let these young heroes know that kids serve too. Military children who attend camp will have the opportunity to learn the skills to cope with the stress of a deployment and make friends with other kids who are also missing their mom or dad,” said Mary Scott, the NFMA board chairwoman. “The National Military Family Association is excited to work with Camp Tekoa on this very worthwhile program.”

portunity to learn the skills to cope with the stress of a deployment and make friends with other kids who are also missing their mom or dad,” said Mary Scott, the NFMA board chairwoman. “The National Military Family Association is excited to work with Camp Tekoa on this very worthwhile program.”

Camp Tekoa is the Western North Carolina Conference Camp of the United Methodist Church. Camp dates are scheduled from June 7-12.

Applications are currently being accepted at [www.operationpurple.org](http://www.operationpurple.org).



**T**reat every weapon as if it is loaded.

**H**andle every weapon with care.

**I**dentify the target before you fire.

**N**ever point the muzzle at anything you don't intend to shoot.

**K**eept the weapon on safe and your finger off the trigger until you intend to fire.



Calendar

*Today*  
**Home buying education workshop**  
6 p.m., Post Conference Room  
Dinner will be provided.  
Call 751-5788/9339 to register.

**AUSA luncheon**  
11:30 a.m., Officers’ Club  
For more information contact  
*SBButler@bellsouth.net*.

**Leadership lecture**  
3-5 p.m.,  
81st Regional Support Command  
Retired Lt. Gen. Russell Honore is sched-  
uled to speak. The event is open to com-  
pany commanders, first sergeants or  
above and to DA civilians, pay grades  
GS-12 and higher.

*Tomorrow*  
**A.T. E.A.S.E. bingo and potluck**  
6-8 p.m., Main Post Chapel  
Childcare provided — RSVP required.  
Call 708-2869 or 708-0656.

**FCC picnic**  
10 a.m.-noon, Patriot Park

**Family skate night**  
1-9 p.m., Youth Services Center gym

*Sunday*  
**April Foolish Dog Show**  
2-4 p.m., Youth Sports Complex

*Thursday, April 30*  
**Home buying education workshop**  
6 p.m., Post Conference Room  
Dinner will be provided.  
Call 751-5788/9339 to register.

*Saturday, May 2*  
**Earth Day hike**  
10 a.m.-noon, Palmetto Trail  
Enter through the Forest Drive gate only  
(Gate 2). Open to the public.

*Wednesday, May 6*  
**Sergeants Major Association meeting**  
3-5 p.m., Post Conference Room  
Open to active duty and retired command  
sergeants major, sergeants major and pro-  
motable master sergeants.

*Friday, May 8*  
**Military spouse job fair**  
9-11 a.m., Strom Thurmond Bldg.,  
Room 223  
Call 751-4862/5256 for information.

*Tuesday, May 12*  
**Work Keys assessment training**  
Registration required.  
Call 751-4862/5256 for information.

*Thursday, May 14*  
**2009 Soldier & Vets  
Charity Golf Tournament**  
11 a.m., registration; Event starts at noon.  
Fort Jackson’s Old Hickory Golf Course  
Call 751-4329 for information.

Announcements

**DRMO FURNITURE DONATION**  
DRMO is offering used barracks fur-  
niture from 8 a.m. - 1 p.m., Saturday.  
Available items include lockers, dressers,  
night stands and armoires. Active-duty  
and reserve Soldiers, military retirees  
and DoD civilians are welcome. Call  
(910) 303-5735 for information.

**FREEDOM SCHOLARSHIP**  
Applications are being accepted for the  
2009 American Patriot Freedom Scholar-  
ship until tomorrow. The scholarship is  
available to dependent children, 17 to 21,  
of military service members who will be  
pursuing a post-secondary educational de-  
gree. A total of 25 individual \$1,000  
scholarships will be awarded.  
For more information visit *www.home-  
frontamerica.org/oohrahome.htm*.

**AUSA SCHOLARSHIP**  
The Association of the United States  
Army, Fort Jackson — Palmetto State  
Chapter, is offering educational scholar-  
ships to chapter members. The deadline is  
May 15. For more information contact  
*SBButler@bellsouth.net*.

**CONTRACTING SESSIONS**  
The Directorate of Contracting will  
conduct customer training sessions April  
28-30. Topics include: Preparing purchase  
requirement packages; developing inde-  
pendent government estimates; develop-  
ing performance work statements;  
contracting officer representative respon-  
sibilities; ordering officer responsibilities;  
market research; preparing sole source  
justification; competition; wide area  
workflow; GPC&GSA schedules; dealing  
with contractors. For more information or  
to register contact  
*Sherrill.King@us.army.mil* by Tuesday.

**SEVERE WEATHER SIREN**  
Fort Jackson tests its emergency siren  
warning system at noon on Wednesdays.  
The tests are designed to ensure the emer-  
gency alert system works and to raise  
awareness about the system’s existence.

**RECLAMATION SALE**  
A reclamation sale for Soldiers is  
scheduled for May 4-8, 8 a.m.-5 p.m. at  
Building 2570, Warehouse Road. Cash  
only.  
May 4 — E1-E6 Active Duty or Active  
Duty Reservist.  
May 5 — Training cadre (1st Sgt.,  
commanding officer, training NCO, exec-  
utive officer).  
May 6 — All Active Duty, all ranks  
May 7 — All Active Duty, all ranks  
May 8 — Active Duty, Reservists, Na-  
tional Guard

**NEW MUSEUM HOURS**  
The U.S. Army Basic Combat Training  
Museum’s new operating hours are as fol-  
lows: Monday-Wednesday — closed;  
Thursday — 10 a.m.-6 p.m.; Friday 9

a.m.- 4 p.m.

**MYRTLE BEACH MILITARY  
APPRECIATION DAYS**  
The Myrtle Beach Military Apprecia-  
tion Days are scheduled for May 28-30.  
The 5K run/walk is scheduled for Satur-  
day, May 30. Early registration deadline  
is May 1 (by mail only). Registration is  
free for active duty military and \$20 for  
veterans and civilians.  
Race day registration and packet  
pickup 6:30-7:45 a.m., Crabtree gym,  
1004 Meyers Ave. Race times are 8 a.m.,  
wheelchair 5K and 8:30 a.m., 5K  
run/walk.  
Call (843) 918-1191 for more informa-  
tion.

**BIG SERVICE AWARD**  
Submissions for the 2009 Blacks in  
Government Meritorious Service Award  
are being accepted until May 11. Soldiers  
and DoD employees are encouraged to  
apply. Submissions can be made through  
brigade equal opportunity advisers or the  
Installation EO Office. Call 751-2990 or  
e-mail *janeen.simmons@conus.army.mil*.

**CID CRITERIA CHANGE**  
CID has changed its acceptance crite-  
ria to temporarily accept staff sergeants.  
The change now allows Soldiers, E-4 to  
E-6, regardless of MOS to apply. Appli-  
cants must be eligible to obtain a top se-  
cret clearance, be at least 21 years old  
and have served at least two years on ac-  
tive duty.  
To apply, visit *www.cid.army.mil* or  
contact the Fort Jackson CID office at  
751-7665/3789.

Housing events

*Tomorrow*  
**Breakfast on the go**  
7 a.m., Howie Village  
Balfour Beatty will be distributing free  
breakfast for children headed to school.

*Every Tuesday*  
**Walking club**  
9 a.m., Strollers are welcome.

*Every Thursday*  
**Kids Day**  
10 a.m., Themed activities for children  
younger than school age.

**UPDATES**  
❑ Demolition is scheduled today for  
building 5782-84 and 5790 Brown Ave.  
❑ Neighborhood huddles will be held  
twice a month starting in May. The first  
one is scheduled for May 19, 5:30 p.m.  
The second is scheduled for May 21.  
Both events will be held in the Post Con-  
ference Room.  
❑ Playground beautification is sched-  
uled for tomorrow on Owens Drive and  
Willett Street.  
❑ Residents with leases expiring July  
31 will receive \$500 for renewing leases  
an additional year. The first \$250 will be

paid at signing and the remaining will be  
paid at the end of the year.  
❑ Housing upgrades, including floor  
coverings, kitchen and bathrooms, are  
available to residents. Contact Balfour  
Beatty if interested.  
❑ The RCO Office and Balfour Beatty  
are re-evaluating the school walking route  
and residents will receive an update soon.  
❑ Asbestos abatement continues in the  
junior NCO area on Brown Avenue.

*All events are held in the Balfour Beatty  
Communities management office unless oth-  
erwise specified. For more information or to  
register for any events, call Courtney  
Williams at 738-8275.*

Off-post events

*Today*  
**Real estate issues legal clinic**  
6:30 p.m., Richland County Library,  
Northeast Regional Branch. Free admis-  
sion. To register call 799-4015, ext. 158.

*Tomorrow*  
**Santee Birding and Nature Festival**  
8 a.m., Santee National Wildlife Refuge

*Through Saturday*  
**Baker’s Dozen:  
A Celebration of Stories**  
6:30 p.m., Friday, August Baker lecture  
11 a.m.-1 p.m., Saturday, Storytelling for  
families.  
Both events are free and will take place  
at the Main Library, 1431 Assembly St.

*Tuesday*  
**Shakespeare drama tribute**  
7 p.m., Richland County Library,  
Bostick Auditorium, Main Branch  
“One Man in His Time — Will Shake-  
speare Revises His Will.”

**HOST AN EXCHANGE STUDENT**  
The Foundation for Intercultural Travel  
is an exchange visitor program that  
matches international students, 15 to 18,  
with host families in the local area. Call  
(877) 439-7862 for more information.

**HOMEOWNERS WORKSHOPS**  
The Homeownership Resource Center  
is offering a free foreclosure workshop  
for homeowners. First and third Satur-  
days, 9-11 a.m. and every last Tuesday of  
the month, 5-7 p.m. at the Midlands  
Community Development Corporations-  
Dream Center, 2340 Atlas Road. Call  
1-888-320-0350 for information.

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CHAPEL

# Test of faith develops character

By **CHAPLAIN (Maj.) BYRON COLLINS**  
*Installation Chaplain's Office*

*James 1:2, 3, 12: "My brethren, count it all joy when ye fall into diverse temptation; Knowing this, that the trying of your faith worketh patience. Blessed is the man that endureth temptation; for when he is tried, he shall receive the crown of life, which the Lord hath promise to them that love him."*

Have you ever asked God, "Why?" No matter how faithful you and I may be. "Why?" No matter how frequent you and I may commune with him. "Why?" No matter how close you and I feel we are to him.

"Why does it seem that he always takes the good ones, our closest and dearest friends, people we rely on and make our lives worth living?"

"Why does he leave us with the least, the few, the bad and the ugly?"

Why does it appear that we always are in confrontation, we always have too little or just barely enough?"

"Why does it seem like everyone else is born with a silver spoon in his or her mouth, and we just barely make it, living from payday to payday, marking time and going nowhere?"

Are you bewildered as you travel on this pilgrimage, and find yourself lost in the wilderness? Maybe you wonder

why life is full of challenges, and no matter how fair you are to life, life is still not fair to you.

I contend, "Lilies grow in the valley."

The writer James tells us that the trying of our faith is the building block of patience. We should count our struggles, all of our challenges and all our dilemmas with joy.

I believe that God has something in store for us. Even while we are facing adversity, knowing that God is in control, and holds our destiny, that alone makes the difference. Paul writes to the church in Rome, "And we know that all things work together for the good, for them that love God and for them that are called according to his purpose."

This no doubt does not imply that everything that happens to us is good, but all things that do happen will work out for our benefit. God has our back; he is in control for "lilies grow in the valley."

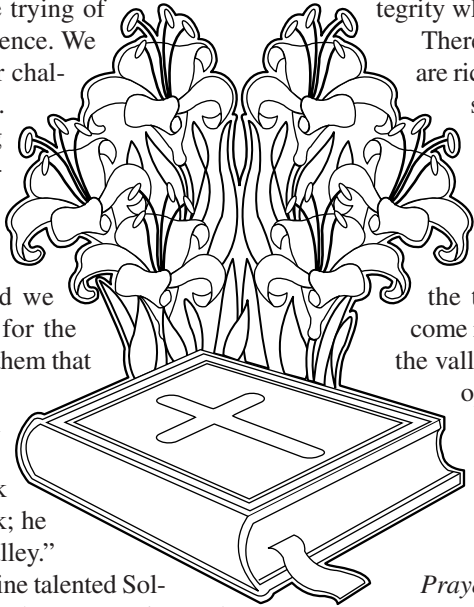
We all know comrades who were fine talented Soldiers possessing a storehouse of wisdom, expertise and favor — all part of the backbone of the units we served. They ranged from privates to section chiefs, from supply sergeants to commanders. The lesson that we learn from the writer James is that no matter what we are going

through, no matter how great the loss, no matter what we face, regardless of how dark the night might be, the trying of our faith develops Christian character and integrity when we are willing to endure.

There is no difference between those who are rich — for God may be allowing them to see their spiritual poverty, and those who are poor — for he may be allowing them to develop true riches as they are confronted with trials and temptations.

We must endure in order to pass the test. We should rejoice, for joy will come in the morning, because "lilies grow in the valley" and the testing of our faith develops true character and integrity.

We may not understand, but we should remember God operates strategically and with precision. He knows and has the master plan.



*Prayer: Lord, since your ways are not our ways, and your thoughts are beyond our understanding, grant us confidence as we place all our trust in you. And never allow us to rely on our own understanding, for you will direct our path and allow our adversities to work out for our good. Amen."*



**Protestant**

- Sunday  
8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel)  
7:45 a.m. Bayonet Chapel (Hispanic)  
9 a.m. and 10:30 a.m. Magruder Chapel  
9:30 a.m. Main Post Chapel  
10:45 a.m. Post-wide Sunday School (Main Post Chapel)  
11 a.m. Memorial Chapel  
11 a.m. Chapel Next, USACHCS, Fox/Poling Lab.
- Wednesday  
6 p.m., Prayer Service Daniel Circle Chapel  
7 p.m. Gospel Mid-week Service Daniel Circle Chapel

**PROTESTANT BIBLE STUDY**  
■ Monday

- 7 p.m. Women's Bible Study (PWOC — Main Post Chapel, Class 209)  
■ Wednesday  
7 p.m. Anderson Street Chapel  
7 p.m. Daniel Circle Chapel  
7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)  
■ Thursday  
9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)  
6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)  
7 p.m. LDS Bible Study (Anderson Chapel)  
■ Saturday  
8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall))

**PROTESTANT YOUTH OF THE CHAPEL**

- Saturday  
11 a.m. Daniel Circle Chapel (third Saturday)  
■ Sunday  
5 p.m. Main Post Chapel

**Catholic**

- Monday-Friday  
11:30 a.m. Mass (Main Post Chapel)  
■ Sunday  
8 a.m. Mass (MG Robert B. Solomon Center)  
11 a.m. Mass (Main Post Chapel)  
9:30 a.m. Mass (120th AG Battalion Chapel)

- 9:30 a.m. CCD (Education Center)  
9:30 a.m. Adult Sunday School  
12:30 a.m. Catholic Youth Ministry  
■ Wednesday  
7 p.m. Rosary  
7:30 p.m. RCIA/Adult Inquiry

**Lutheran/Episcopalian**

- Sunday  
8 a.m. Memorial Chapel

**Islamic**

- Sunday  
8-10 a.m. Islamic Studies (Main Post Chapel)  
■ Friday  
12:30-1:45 p.m. Jumah Services (Main Post Chapel)

**Jewish**

- Sunday  
9:30-10:30 a.m. Memorial Chapel  
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

**Church of Christ**

- Sunday  
11:30 a.m. Anderson Street Chapel

**Latter Day Saints**

- Sunday  
9:30 a.m. Anderson Street Chapel

**Addresses, phone numbers**

- Daniel Circle Chapel**  
3359 Daniel Circle, Corner of Jackson Boulevard, 751-4478
- Main Post Chapel**  
4580 Strom Thurmond Blvd., corner of Scales Avenue, 751-6469
- Bayonet Chapel**  
9476 Kemper St., 751-4542
- Family Life Chaplain**  
4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
- Anderson Street Chapel**  
2335 Anderson St., Corner of Jackson Boulevard, 751-7032
- Education Center**  
4581 Scales Ave.
- Magruder Chapel**  
4360 Magruder Ave., 751-3883
- 120th Rec. Bn. Chapel**  
1895 Washington St., 751-5086
- Memorial Chapel**  
4470 Jackson Blvd., 751-7324
- Chaplain School**  
10100 Lee Road, 751-8050



# Research can prevent timeshare blues

By **CAPT. VITO ABRUZZINO**  
*Legal Assistance Attorney*

Are you planning your next vacation? Perhaps you have considered purchasing a timeshare? Timesharing is a popular way to take a vacation, but problems can occur.

The promoters' glamorous promises are not fulfilled, projects go bankrupt, trades for exotic spots do not materialize, and those who bought under pressure come to regret their hasty decisions. Consider the risks and benefits before signing a contract.

Many sellers of timeshares offer gifts to get prospective buyers to listen to a sales presentation. Most presentation giveaways include gifts of little or no value. Timeshares are sometimes sold through promotions offering "free" vacation certificates. You may not always get what you expect with vacation certificates.

If receiving a certificate by mail or offered one by telephone, find out if the "participating resort" where you will be staying is indeed "participating." Also, find out if you will end up paying a lot of money for travel expenses and extra charges for your "free" trip.

Remember that the free gift or vacation certificate is an inducement for you to listen to a sales presentation for an offer that involves a large sum of money. Purchasing a timeshare is a major investment and you want to know what you are buying.

Ask questions and do not sign anything unless you are fully aware of the consequences. A purchase will cost you thousands of dollars. Be wary if the sales person pressures you to sign and does not allow you enough time to carefully consider the contract involved.

There are two basic types of timesharing plans: In a

deeded plan, you buy an ownership interest in a piece of real estate. In a non-deeded plan, you buy a lease, license or club membership that lets you use the property for a specific amount of time each year for a specific number of years. With both types, the cost of your unit is related to the season and the length of time that you want to buy.

While many timeshare ventures have been successful, problems can arise for buyers in several areas.

For example, one reason why people buy timeshares is the convenience of pre-arranged vacation facilities. However, that benefit is lost if your vacation plans are subject to last-minute changes or they vary in length and season from year to year.

Also consider how the property may be used. Does the property have flexible use plans? If not, you may be limited in how your vacation is spent at the timeshare.

Also consider your current and future position in life. Are you, and will you be, in good enough physical and financial health to travel to and use your timeshare? If not, keep in mind that timeshare resales usually are difficult.

Consider the total costs when purchasing a timeshare. Does the total cost of your timeshare include mortgage payments and expenses, such as travel costs, annual maintenance fees and taxes, closing costs, broker commissions and finance charges? Annual maintenance fees can range from \$300 to \$500.

Since annual fees can rise at rates that equal or exceed inflation, it is important to ask about a fee cap for your plan.

Keep in mind that these fees must be paid regardless of whether you use the unit. To evaluate the purchase, compare the total timeshare costs with rental costs for similar accommodations and amenities for the same time and in the same location.

Do not act impulsively or under pressure. Take the documents home to review. Ask a professional or someone familiar with timesharing to review the paperwork before you buy. If the seller won't let you take the documents, or tells you that this is a "one-shot" deal, perhaps this is not the deal for you.

A good offer today usually will be a good offer tomorrow. Find out if the contract provides a "cooling-off" period during which you can cancel and get a refund. If not, ask to include this clause. Most states where timeshares are located require a cooling-off period.

If you purchase a timeshare and are not satisfied with the facilities and amenities, you can file a complaint with the Federal Trade Commission by contacting the Consumer Response Center by phone toll-free at 1-800-FTC-HELP (382-4357); by mail: Consumer Response Center, Federal Trade Commission, 600 Pennsylvania Ave, NW, Washington, DC 20580, or online at <http://www.ftc.gov>.

If you have any questions or would like to have a timeshare purchase contract reviewed by an attorney, call the Legal Assistance Office at 751-4287 to set up an appointment.



## Misuse of government credit cards a serious issue

By **SGT. 1ST CLASS FELIPE PINERO**  
*Assistant Inspector General*

Not many people know that incorrectly using a government travel card could mean jail time. The government travel card is a credit card designed to streamline the official travel process.

Soldiers are among those provided government travel charge cards to facilitate official travel and official travel-related expenses away from the Soldier's official duty station. Individual accountability for the management of the government travel charge card is vital for the continued success

of the government charge card program.

The government travel card may not be used for personal, family or household purposes. Under no circumstances is the card to be used for personal, non-duty expenses. It is not sufficient to promptly pay whatever personal expenses were charged.

For example, it would not be proper to charge lunch or dinner with a spouse (even if the spouse accompanies the traveler on temporary duty) and then pay the bill.

The intentional use of the card for non-approved purchases may be considered an attempt to commit fraud against the U.S. government and may subject the traveler to

penalties ranging from disciplinary actions to criminal penalties.

Misuse of the government charge card includes any improper or fraudulent use of a government travel charge card, including any use at establishments or for purposes that are inconsistent with the official business of the Army or with applicable standards of conduct.

Enforcement of AR 600-20, Army Command Policy, is the responsibility of commanders and leaders at all levels. Commanders will ensure that all Soldiers issued government travel charge cards are properly counseled on the appropriate use

of the charge card.

It also states that violators of this may be subject to Article 92 of the Uniform Code of Military Justice (failure to obey a lawful general order or regulation), Article 133 (conduct unbecoming an officer and a gentleman), and Article 134 (debt, dishonorably failing to pay). Commanders will further monitor use of the government travel charge card to detect abuse and take appropriate corrective or disciplinary action.

The best way to curtail charge card misuse is to prevent it by training, leadership by example and by carefully selecting cardholders.



# FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

**Lt. Col. Ronald F. Taylor**

*Director,*

*Emergency Services/Provost Marshal*

**Sgt. Maj. Allen Taylor Jr.**

*Provost Sergeant Major*

**Billy Forrester**

*Fire Chief*



Anyone, including teens, found to be sexting can be arrested and charged with a crime. Not only can the person be charged with a crime, but for teens, the consequences can also include being kicked off a sports team, being humiliated in front of family and friends and even losing scholarships for college.

Always think before forwarding a picture. Once the picture is sent you can no longer control where that picture goes.

When you send that picture to a friend, it can be shared with two of his or her friends who share it with two of their friends, who share it with two of their friends and the picture is quickly spread around your community and even the world. It could even end up being sent to your parents or a teacher.

Should you forward a sexually explicit picture — whether you took the original picture — you are responsible for that image and can face criminal charges.

If you receive a questionable picture on your phone, do not delete the picture and get an adult whom you trust involved.

## CASES OF THE WEEK

❑ Two Soldiers were arrested for wrongful use of a controlled substance. Military Police received a tip about the smell of marijuana coming from the second floor a building. After questioning, two Soldiers admitted to smoking marijuana, MPs said. The Soldiers were transported to PMO, processed and released to their chain of command.

❑ Three illegal immigrants were arrested and turned over to Immigration and Customs Enforcement officials after trying to enter the installation without proper identification, MPs said. The men were employed by a contracting company with work on Fort Jackson, MPs said.

## TIP OF THE WEEK

“Sexting” is a word coined by the National Center for Missing and Exploited Children to describe a trend among young people of texting sexually explicit pictures of themselves or of others.

Taking, sending or forwarding a sexually explicit picture of someone underage, even if the picture is of you, is illegal.

**crimestoppers**  
**1-888-559-TIPS**  
[www.midlandscrimestoppers.com](http://www.midlandscrimestoppers.com)

## FORCE PROTECTION THOUGHT OF THE WEEK **HAVE A PLAN!!!!**



**Do you have a Tornado evacuation plan?**



Volleyball championship



Photo by DELAWESE FULTON

**Toni Harris prepares to serve for the FMWR volleyball team during a tournament game against the 3rd Battalion, 60th Infantry Regiment, Monday at Coleman Gym. The 3-60 team finished the season first in league play and second in the tournament. SSI won the tournament by beating 3-60 in three sets, 19-21, 21-15, and 15-10.**

Sports shorts

❑ Registration for Fort Jackson’s annual Strongman Competition is open. The event is scheduled for May 14. The registration deadline is May 12. There is no entry fee for Soldiers. For more information, call 751-3096.

❑ Letters of intent for summer basketball are due by May 22. The summer basketball league is for active duty personnel only. For more information, call 751-3096.

❑ The softball season is under way with games taking place at Hilton Field Softball Complex at 6 p.m., 7 p.m. and 8 p.m. nightly. For more information, call 751-3096.

❑ For youth sports information, call 751-5610/5040. For golf, call 787-4437/4344. For general sports information, call 751-3096.

❑ Health Rocks is a monthly event offering fun fitness activities and games at the Youth Services Center. It takes place the second Friday of each month, 6:30-9 p.m. Health Rocks is open to children registered with Child, Youth and School Services. To attend, sign up at the Youth Services Center the week before the event. For more information, call 751-6385.

❑ CYSS is still accepting applications for 9-12 year olds interested in playing baseball. The season is April-June. Enrollment is \$40 for the first child and \$36 for each additional child. Jersey, hat, pants and trophy are included in the cost. Call 751-5040 for more information, or register at the Central Enrollment Office.